

What Hard Water Can Do to Your Skin

Hard water contains dissolved minerals like calcium and magnesium. Those minerals make it harder for water to form a solution with soap, and it leaves behind a scummy residue.

But what you may not realize is that same soap scum builds up on your skin. Instead of getting a nice lather, you're leaving behind a residue that clogs your pores the same way it clogs your pipes. Clogged pores can lead to breakouts and worsen skin conditions like acne or eczema.

The natural oils your body produces are distributed through the pores of your skin. When those pores are clogged, the oil gets trapped and blemishes like pimples and zits form.

Hard Water VS. Soft Water

(The Effects on Yours Skin)



Why Soft Water is Better for Maintaining Healthy-looking Skin

Soft water makes it easier to form a sudsy lather, and it makes it easier to rinse the soap away. That means your soap works more efficiently and you aren't left with that pore clogging soap scum residue all over your body.

Because of the fact you don't get a good lather with hard water, you'll find yourself using more soap to get clean, which only exacerbates the problem more. But with soft water, you will be able to use less soap product to get clean. In fact, after installing a water softener, you may not need to purchase the expensive body wash and lotion you thought you needed.

It's really quite simple to understand...

Hard water is hard on your skin. Soft water is gentler on your skin. Hard water makes it difficult to get completely clean. Soft water is better for getting your body completely clean.



